

THE ELK BISTRO



LUNCH MENU

Takeaway
**LUNCH MENU
ALSO AVAILABLE**

WWW.THEELKCOMPLEX.COM



SIDE ORDERS

Skinny Fries | Chips | Garlic Fries
Salt N' Chilli Chips | Champ
£3

LUNCH


SOUP OF THE DAY  £3.75
Served with a crusty roll.

ALL DAY BRUNCH £7.95
Bacon, sausages, fried egg, potato bread, soda bread, beans & chips.

THE ELK BURGER  £8.95
60z Steak burger served with bacon, cheese, tomato, lettuce & relish topped with beer battered onion rings. Served with hand cut chips.

LASAGNE £8.95
Homemade lasagne served with chef's own coleslaw, hand cut chips & garlic bread.

BEER BATTERED COD  £9.95
Freshly battered Donegal cod fillet, with home cut chips, mushy peas & homemade tartar sauce.

SEAFOOD CHOWDER  £8.95
Homemade seafood chowder with fresh selection of seafood, **served inside a bread bowl.**

PIE OF THE DAY £8.95
topped with a puff pastry lid, served with garden peas and mash or chips. Ask server for more info.

CHICKEN GOUJONS £8.95
Strips of chicken breast lightly fried in our own batter mix, served with chips & choice of dip: BBQ, Garlic, Mayo, S.Chilli

ROAST OF THE DAY  £8.95
Served with mash, roasties, chef's seasonal vegetables topped with roast gravy.


SALADS

OPEN PRAWN  £9.95
Cold water Atlantic prawns and homemade Marie-rose sauce, selection of salads and mixed leaves, served with wheaten bread.

CHICKEN CAESAR SALAD  £8.95
Grilled breast of chicken, baby gems, croutons, topped with bacon, parmesan cheese & chef's own Caesar dressing.

BAKED HAM & EGG  £8.95
Roast baked ham and boiled eggs with an Italian herb dressing, selection of salads & mixed leaves, served with wheaten bread.

SUPERSALAD  £8.95
Mixed grains with chick peas, roast red peppers, edamame beans and pomegranate tossed in a light citrus herb vinaigrette topped with mixed seeds
Add Chicken £2

Gluten Free or Gluten Free Option available:  Please ask your server

Vegetarian Option: 



SIDE ORDERS

Skinny Fries | Chips | Garlic Fries
Salt N' Chilli Chips | Champ
£3

WRAPS AND CIABATTA

CHOOSE EITHER A WRAP OR CIABATTA ALL SERVED WITH SALAD AND FRIES

PEPPERED STEAK & CHEESE £7.95

Sliced rump steak & Irish cheddar in a perfect classic combo.

SWEET CHILLI CHICKEN & PEPPERS £7.95

Marinated chicken and sweet chilli glaze with diced peppers and onions.

CREAMY CAJUN CHICKEN £7.95

Cajun spiced chicken with peppers and onion.

CHICKEN & BACON CLUB £7.95

A classic combo with chicken, bacon, tomato, lettuce and mayo.

BAKED POTATOES WITH A CHOICE OF 2 FILLINGS

Chicken, bacon, ham, tuna, cheese, onions, peppers, beans. **Served with side salad**
Additional filling(s) 50p

£6.95

PASTA AND NOODLES

CREAMY BASIL PESTO £8.95

Chicken and broccoli penne pasta topped with parmesan and toasted pine nuts.

MIXED VEGETABLE STIR-FRY £8.95

Mixed vegetable stir-fry with peppers, chinese cabbage bound in a sweet chilli and soy dressing with egg noodles. **Add Chicken for £2**

CHICKEN CARBONARA £8.95

Sliced breast of chicken with mushroom, bacon, penne pasta topped with parmesan cheese.

ROASTED TOMATO £8.95

Roasted Mediterranean vegetables and pasta in a rustic tomato sauce.

SANDWICHES AND TOASTIES SANDWICH £5.95 / TOASTIE £6.50

- Choice of any 3 fillings with sandwiches & toasties
Breads: Wholegrain, White & Gluten Free
- Chicken, Ham, Bacon, cheese, Tuna, Egg, Lettuce, Tomato, Onions, Peppers, Sweetcorn, parmesan, Stuffing, mayo, Chilli Sauce, BBQ Sauce, Caesar Sauce
Additional filling(s) 50p
- All served with skinny fries, salad and coleslaw.
- Why not try Soup instead of skinny fries?**
Soup & Sandwich Combo only £1 extra.

THE ELK BISTRO



SOFT DRINKS

330ML

£2.50



COKE | DIET COKE | COKE ZERO | SPRITE | SPRITE ZERO | APPLETISER |
BRITVIC 55 ORANGE | LUCOZADE | RIVERROCK STILL |
RIVERROCK SPARKLING | LEMON FANTA (220ML)

WINE

SAUVIGNON BLANC, CYT (CHILE)

1/4 Bottle £4.50 | Bottle £14.95

MERLOT, CYT (CHILE)

1/4 Bottle £4.50 | Bottle £14.95

WHITE ZINFANDEL SUTTER HOME (CALIFORNIA)

1/4 Bottle £4.50 | Bottle £14.95

SPARKLING

CA DI ALTE PROSECCO (ITALY)

£19.95

BOTTEGA PROSECCO (ITALY)

1/4 bottle £6.95

COFFEE AND TEA

AMERICANO £2.50

ESPRESSO £2.00

LATTE £2.95

Caramel, Hazelnut, Cinnamon, Vanilla

MOCHA £2.95

CAPPUCCINO £2.95

FLAT WHITE £2.95

DECAF NESCAFÉ £1.85

TEA £1.85

BOTTLED BEER

| Heineken **£3.60** | Corona **£3.60** | Coors Light **£3.60**

| Budweiser **£3.60** | Rockshore **£3.60** |

| Peroni Libera Alcohol Free **£3** |

DRAUGHT

All Pints **£3.50**

| Tennents | Carlsberg | Guinness | Bud Light |

CIDER

Magners Pint **£4.50**



Pear | Mixed Fruit | Strawberry & Lime
£4.20