

12PM-4PM

THE ELK BISTRO

LUNCH MENU



www.theelkcomplex.com

WRAPS

Served with a choice of mixed salad, seasoned wedges or soup



£8.50

Salt Beef Wrap

cheese, lettuce, caramelised onion, tomato and mustard mayo

Crispy Chicken Caesar

bacon, lettuce, parmesan and Caesar sauce

Crispy Breaded Halloumi

lettuce, roasted red pepper, red pesto and mayo

Salt & Chilli Chicken

peppers, onions, cheese and curry mayo



• GRILLED ONION ROLL •

Served with a choice of mixed salad, seasoned wedges or soup



£8.50

Cajun Chicken

cheese, tomato and mayo

Salt Beef

cheese, pickle, caramelised onion and mustard mayo

Crispy Breaded Halloumi

lettuce, roasted red pepper, red pesto and mayo

Baked Ham

cheese, tomato and mayo



• LOADED FRIES •

£9

Salt N'Chilli Chicken

skinny fries, house garnish and curry mayo

Halloumi

fries, sweet and chilli, sour cream, pickled onion & veg

Pork Belly

skinny fries, house garnish and chipotle mayo



• BURGERS •



All served with chunky chips

£9

House Burger GF

Beef burger, pork belly, bbq sauce, onion ring and garnish

Chicken Burger V GF

Breaded chicken, chipotle mayo, lettuce, mayo and slaw

Spinach & Avocado V GF

Lettuce, tomato, relish topped with Vegan cheese



GF Gluten Free

V Vegan

V Vegetarian

Plant based alternative available



• SALADS •

House Style Caesar GF £7.50

Bacon, croutons, lettuce, red onion, egg, parmesan with Caesar style dressing

Falafel & Red Pepper V GF £8

Sweet potato falafel, roasted red peppers, with mixed salad and chilli and mint dressing

add any of the following to your salad

- grilled chicken £2.50
- crispy Korean chicken £2.50

£8 / £11

• WING BOWLS •

Choose 4 or 8 Chicken Wings

Choice of: BBQ - Buffalo - Carolina **Reaper** Hot Sauce

served with mixed salad, celery sticks, ranch dressing and seasoned wedges

FAVOURITES

Lasagne £9

served with salad & fries

Chicken Curry V £9

served with steamed rice

Creamy chicken £8.50

fajita pasta V GF

served with garlic bread

Vegan Chilli V GF £8.50

served with steamed rice

Smoked Haddock & £10

Spring Onion Fishcake

served with mixed salad, tartare sauce & wedges

Salt Beef £11

Dinner GF

served with mash, vegetables and parsley sauce

SIDES

£4

CHIPS • GARLIC FRIES • MASH • CHAMP
SALT N' CHILLI FRIES • ONION RINGS
MARKET VEGETABLES • SKINNY FRIES

SAUCES

£3

GRAVY • WHITE WINE • PEPPER • MUSHROOM

DIPS

£1

BBQ • KETCHUP • CURRY MAYO • MAYO
• CHILLI • GARLIC MAYO

DESSERTS

You are what you eat, so eat dessert.

Sticky Toffee Pudding £5.50

Topped with a rich, sticky toffee sauce and vanilla dairy ice cream

Cheesecake of the Day £5.50

Served with fresh cream

Waffle Stack £5.50

Layers of fresh strawberries, fresh cream and choice of **Strawberry** or **Chocolate Ice-Cream**

Hot Chocolate Brownie £5.50

Served with Vanilla Ice-Cream & Chocolate Sauce

Apple & Berry Crumble £5.50

Served with Custard or Ice-Cream

Eton Mess £5.50

Crushed meringue served with fresh cream and mixed berries



Oreo Sundae

Soft vanilla & chocolate ice cream, hot chocolate sauce, topped with glorious crushed Oreo cookies and whipped cream

£5.50

Chocolate & Coconut Tart GF £6.50

Served with mango & raspberry ripple ice-cream

Raspberry & Frangipane Tart GF £6.50

Served with mango and raspberry ripple ice-cream